



Physical therapy first

REDUCE COST, PAIN MANAGEMENT
AND SCREENING, AND FCE



HOW EARLY PHYSICAL THERAPY INTERVENTIONS CAN REDUCE COST:



Reduce Overall Claim Costs



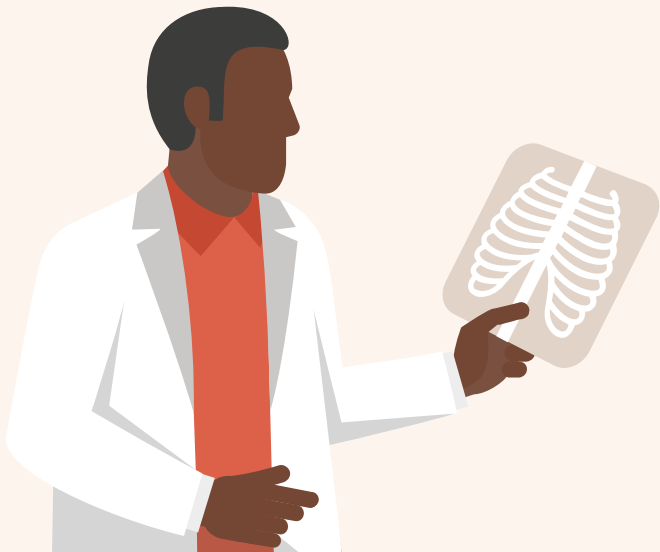
Faster Recovery & Return to Work



Minimize Medication Use & Improve Outcomes



Empower Employees & Prevent Re-Injury





Reduce Overall Claim Costs

- Decrease reliance on X-rays, medication, and specialist referrals
- Decrease lost time classifications when addressed early



Faster Recovery & Return to Work

- Immediate access to therapy will get employees seen quickly
- Reduction in stiffness and decline at home
- Accelerates safe return -to -work timelines



Minimize Medication Use & Improve Outcomes

- Effective pain management modalities to decrease pain (E -stim, massage, ultrasound, red light)
- Decrease dependency concerns and additional medical cost of medication



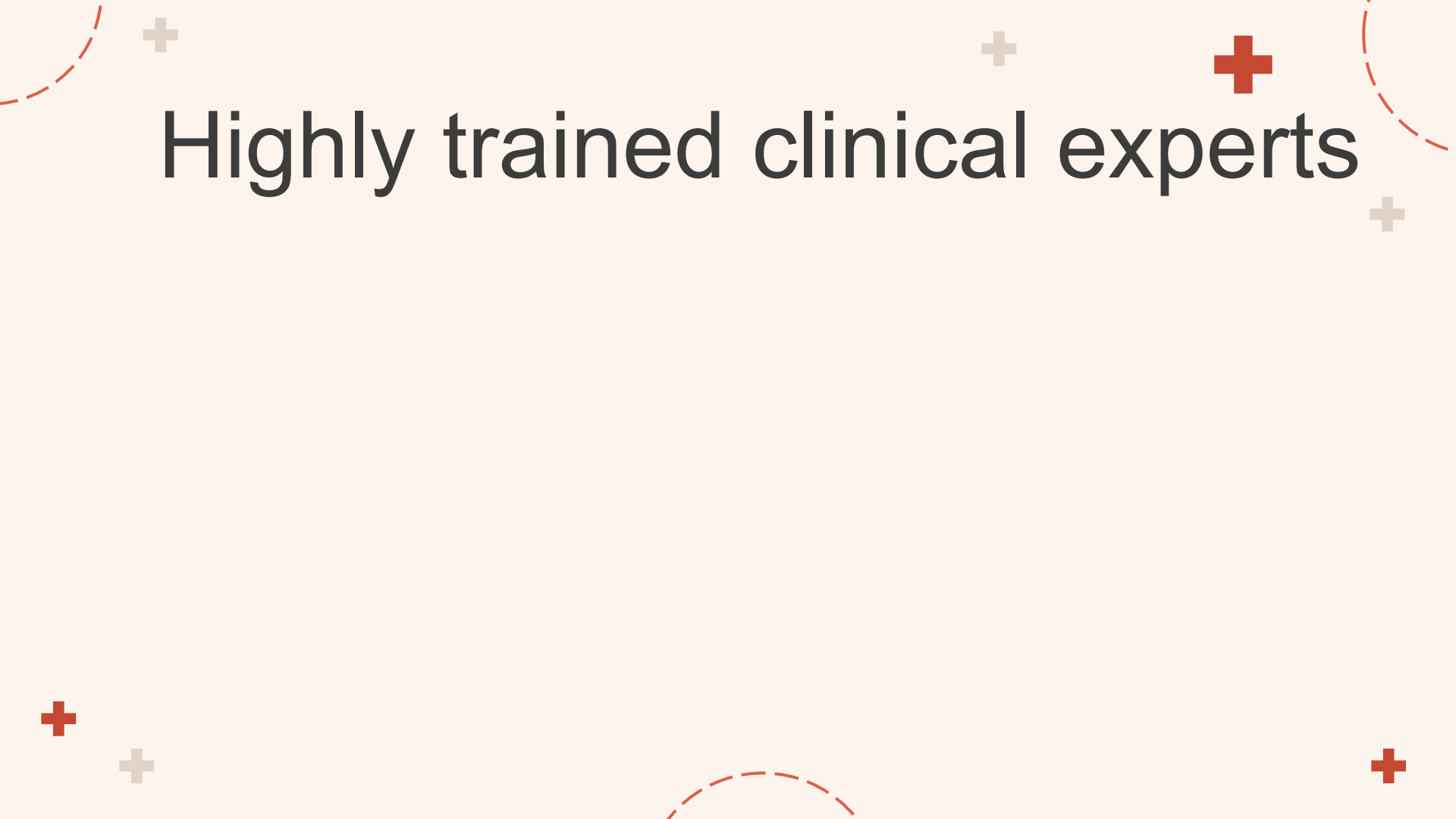
Empower Employees & Prevent Re -Injury

- Provide education on proper lifting/body mechanics
- Education on Injury prevention
- Self-management techniques in case of re -injury

NOT JUST REHAB?:

- Highly trained clinical experts
- Skilled in identifying red flags
- ~~Msk~~ vs non-~~msk~~ efficiency
- Non-pharmacological pain management tools





Highly trained clinical experts

Skilled in identifying red flags

- Physical therapists use thorough patient interviews and physical examinations to identify symptoms that are inconsistent with typical musculoskeletal conditions.
- They recognize red flags such as unexplained weakness, progressive neurological changes, severe swelling, unexplained weight loss, or symptoms that worsen despite treatment.
- Physical therapists use clinical reasoning to determine when findings warrant referral to a physician or other healthcare provider for further medical evaluation.



Nonpharmacological pain management tools

Functional capacity exam



Objective, data-driven assessment



Validity & effort testing built in



Supports safe return-to-work timing



Accessible and clinically informed process





Objective, data driven assessment

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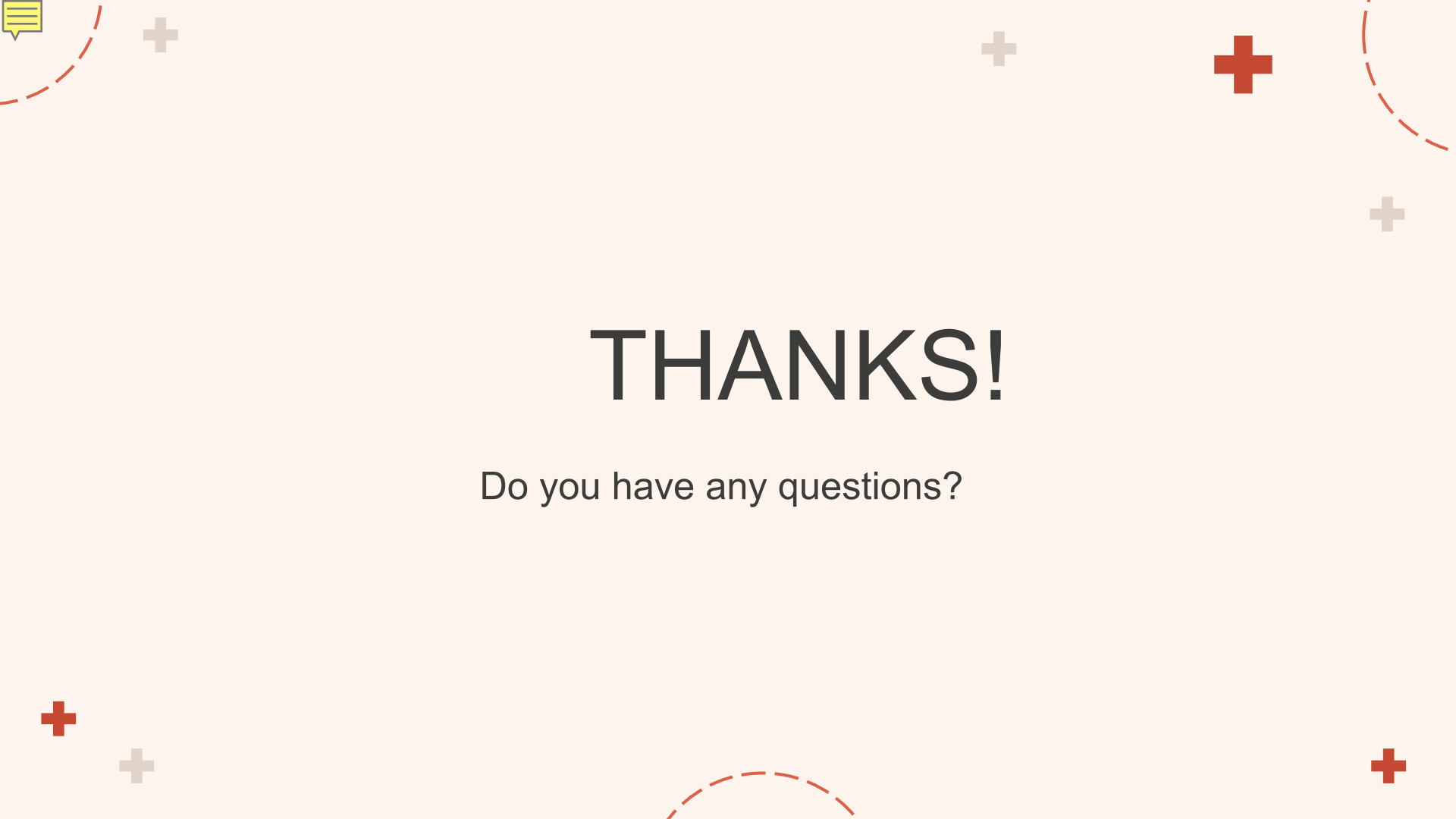
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Supports safe return to work timing

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THANKS!

Do you have any questions?